



Brisons Veor - artists' residential studio at Cape Cornwall

## STAYING AT BRISONS VEOR - WELCOME PACKAGE

Dear Artist

Brisons Veor is a residential workspace set in an inspiring and unique location overlooking a Site of Special Scientific Interest, where professional creatives in any medium can take time out to work on a project, away from the day to-day distractions of their home lives.

Brisons Veor is managed by a Charitable Trust set up in 1992 to help practitioners in the arts with limited incomes or other constraints to pursue their creative activities. It is available through a year-round application process for self-funded residencies at affordable rates, for periods of between one to four weeks.

We hope you enjoy your stay at Brisons Veor, and take full advantage of a studio at the very edge of the wild and stunning location of West Penwith.

We strive to make sure each resident has the best experience possible. This means keeping the cottage in a clean, warm and tidy condition, so that it provides a welcoming environment, and one that is conducive to creative development.

Please read the Welcome Information Package carefully, as you will find all the information you need about the cottage, the studios, and your stay. If you have any further questions please contact the Trust Administrator Karen Lorenz. E: [residency@brisonsveor.org.uk](mailto:residency@brisonsveor.org.uk)

Brisons Veor Charitable Trust

Brisons Veor Charitable Trust, Registered Charity Number 1007830 (England and Wales)  
E: [hello@brisonsveor.org.uk](mailto:hello@brisonsveor.org.uk) W: [www.brisonsveor.org.uk](http://www.brisonsveor.org.uk)



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## STAYING AT BRISONS VEOR - GETTING THERE

### Location:

Brisons Veor is located at Cape Cornwall, approximately one and a half miles (a 25-minute walk) from St Just and the nearest shops, and seven miles from Penzance. Trains operate to Penzance from other parts of the country, with only a few local bus services accessible between Penzance, St Just, and St Ives. The cottage is semi-detached, and it is situated close to two other properties. Beyond the cottage, there is a parking space for vehicles, jointly used by the Coastguard unit in the vicinity. The entrance to the site is through a gate that leads to a private road.

The strong westerly wind and rain can leave Brisons Veor highly exposed. Bring the right gear and a torch!

### By car:

When you're nearing Penzance on the A30, follow the Lands End road and keep on the A30 (avoid entering Penzance). At the next two roundabouts, go straight across. When you reach the third roundabout, turn right onto the A3071, which is signposted for St Just, and continue driving for 7 miles until you reach St Just.

Pass the main square and make a left turn at the memorial clock onto Cape Cornwall Road.

Follow the winding road that passes the golf club on your left until the end, which is just over a mile away.

As you reach the end of the road, you'll see the National Trust car park on your left. When you reach the wide wooden gate marked private, stop and let yourself in. Don't forget to **shut the gate behind you**.

Keep going beyond Cape House, and Brisons Veor will be visible straight ahead. Brisons Veor is located beyond Brisons Veor, drive along the front and park there. The Coastguard needs a parking space every day from 7.30 am. Occasionally, two cars may park nearer to the end. Please, park your car/van in a reasonable proximity to the cottage, please.

### By train and bus:

Catch the 'Tinner Bus' from the bus station (next to Penzance train station) to St Just. It runs every hour.

To get to Cape Cornwall from St Just, make your way to the main square and follow Cape Cornwall Road (approximately 1½ miles).

### Taxi services:

**West Cornwall Cars**, Old Seabird House, West Place, Saint Just, Cornwall, TR19 7JB. Tel: 01736 787473

**Prowse Cars**, St Levan, 8-seater available. 1 Little Trethewey Estate, St. Levan, Penzance, Cornwall, TR19 6LW  
Tel: 01736 871786

**St Just Cars**, 24 Regent Terrace, St Just, Penzance, TR19 7LE Tel: 01736 786586

### Car Hire:

**Europcar**, Penzance Railway Station, TR18 2NG Tel: 0371 3845975



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## STAYING AT BRISONS VEOR - PRACTICAL INFORMATION

**Arrival:** You can access the cottage starting from **4.00 pm** on your arrival day.

**Departure:** Please vacate the cottage by **10.00 am**. We kindly ask you to leave the place tidy when you depart, especially your work areas, with all the furniture in place as you found them.

### **Bedrooms, Bedding & Towels:**

We provide duvets and pillows, but visitors will need to bring their own duvet covers, sheets, pillowcases and personal towels. If you are travelling by public transport or coming from abroad, we can provide bed linen and towels (at an additional laundering charge). Please let us know in advance.

Bring with you according to your needs:

Double duvet cover, double sheets and 4 pillowcases for double bed and/or

Single duvet cover, single sheets and 2 pillowcases for each single bed.

Personal towels for bath and beach

Tea towels and hand towels for the kitchen and toilet are provided by us.

### **IMPORTANT NOTICES:**

Please keep the cottage secure by fastening windows and locking doors when you are going out. We understand that at times, conditions out may be wet and muddy underfoot, and ask you kindly to keep wet boots and shoes in the hall.

We have a No Smoking and No Pets policy that we take seriously. Please be mindful of this, as it may harm future residents.

Remember, other artists will be arriving after you. Ensure the cottage is left clean and tidy and take your unwanted studio waste bags with you.



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## STAYING AT BRISONS VEOR - PRACTICAL INFORMATION

### **Living area and main studio:**

We have two studios at Brisons Veor. The primary studio space and living area are situated upstairs. To safeguard the floor against paint, charcoal, and other items, you can use the rolled-up floor cover behind the sofa. Please tidy up when you're done for the day. When using the dining table as a workspace, take the cloth from the desk's side drawer to cover it. Please feel free to move the furniture to your liking, but remember to return it to its original place before leaving.

You can find two additional folding tables in the downstairs studio.

If you need to work with clay, wood, plaster, or other similar 'messy' materials, please use the small studio on the ground floor. There is a workbench, plus a Black & Decker Workmate, a toolbox with a basic tool kit of screwdrivers, pliers, claw hammer and a tape-measure. You also find a first-aid kit on the shelf.

In both the small studio and the main studio upstairs, the walls have battens attached to them. We also have three studio easels, one portable easel, and two tables with folding legs.

**IMPORTANT:** Please do not use the bath and WC areas for cleaning your equipment or using chemicals of any sort.

**Studio Waste** Follow these guidelines if you can't take your studio chemical waste home.

You can dispose of dirty and used paper and rags in the lower studio bin. You need to take home used turps, white spirit, or other solvents. Pouring any chemicals into the sinks or toilet system is strictly prohibited due to our septic tank. Please don't clean your brushes or other items in the bathroom

You can use the bin in the lower studio for disposing of other materials such as scraps of paint and clay.

Thank you for helping us make a positive impact on the environment.



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## STAYING AT BRISONS VEOR - PRACTICAL INFORMATION

### Kitchen and Kitchen waste

General Hygiene: It's best to wash any crockery or cutlery before using it for the first time in the cottage.

#### IMPORTANT: RUBBISH AND WASTE DISPOSAL.

Our waste collection arrangements have recently changed. Please pay attention to the notices in the kitchen and downstairs studio. We recycle as much as possible and expect our artists to follow our guidelines. The big green bin in the yard is being emptied every Friday in the early morning hours. Rubbish, such as food scraps, vegetable waste, and non-recyclable wrappers, go in a black bag. Leftover food can lead to significant hygiene issues. Meat, bones, and other items that attract flies should be wrapped in plastic bags or newspaper before being placed in the kitchen bin. When it is full, tie the bag securely. Use a white bag to collect all your recycling. When full take both your bags and put it in the green bin outside by Thursday night.

**Help us reduce your environmental impact by disposing of your rubbish properly.** Make sure to RECYCLE your clean glass bottles, cans, packaging and paper. There is a bag/blue container under the stairs for your clean recycling.

### Bathroom and WC

**We have a septic tank! Therefore do not put wipes, paper hankies, sanitary products down the toilet.** The bathroom must NOT be used for cleaning brushes, rinsing material, soaking paper or mixing chemicals.

Please, **do not** put harmful chemicals, plaster, clay, paper rags or other materials down the sink or loo either. On no account must the bath and WC areas be used for cleaning your equipment, preparing materials, or for using chemicals of any kind. Painting solvents, dirty turps, white spirit, and cleaning fluids should be put into the sand bucket in the lower studio, or better still, taken home with you. Anything apart from toilet paper will affect the septic tank adversely and block the drains.

**Occasionally, the cold water tap in the bath may have an airlock. When this occurs, turn on the bath tap and flush the toilet (or run the cold water to the sink) simultaneously.**

### Washing/Ironing

In the small downstairs studio, there are pegs and a clothesline available. You can find the iron, ironing board, and a clothes airer in the under-stairs cupboard.

We don't have a washing machine. If you need to do laundry, there are two public laundrettes in Penzance.

Soap and Suds, East Terrace, PZ, 01736 364815

Penzance Laundrette, 1 Tolver Road, PZ 07717 756934

**Water / Hot Water** is available from an immersion heater which is kept on a timer. Our water is metered, so please be careful not to waste any.



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## STAYING AT BRISONS VEOR - PRACTICAL INFORMATION

### Heating

Is provided by low consumptions digital radiators in the colder months. The temperature on each heater has been pre-set to allow optimum heat and efficiency.

Please do not cover the radiators due to risk of overheating.

We understand the need to dry your gear when you're caught out by bad weather.

Use the portable *ecoair* dehumidifier for that purpose and refer to the manual (in the BV info folder) for the settings. Place the dehumidifier in the downstairs studio together with the wet gear and do not cover it.

### Internet access:

Unfortunately, we don't have Wi-Fi access or a landline telephone at Brisons Veor. Most service providers offer good mobile phone reception and 4G connectivity. We recommend getting a USB dongle to access the internet on your computer at the cottage. Check with your service provider about free access to internet hotspots, like BT\* . These are usually sufficient for emails and light browsing, but not for streaming videos and films (confirm your provider's G rating). More info on USB internet dongles from:

[http://www.uswitch.com/broadband/guides/what\\_is\\_a\\_mobile\\_dongle/](http://www.uswitch.com/broadband/guides/what_is_a_mobile_dongle/)

\*BT Wi-Fi with FON – [www.btopenzone.com](http://www.btopenzone.com)

**Brisons Veor doesn't have a TV licence.** Please do not watch live TV online! The TV monitor is for playing our collection of art DVD's, donated by a resident artist

The monitor and DVD player allow for viewing DVDs, but **there's no aerial for television.**

In addition, there's a DAB radio/CD player. **At Brisons Veor, internet access and TV license are not provided.**

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## STAYING AT BRISONS VEOR - HOUSE RULES

**We kindly ask you to respect our House Rules, as other artists want to enjoy their stay too.**

- Brisons Veor does not allow pets or children under 18.
- We have a strict no-smoking policy indoors..
- The doors and downstairs windows need to remain locked if the house is empty.
- The residency cost covers domestic electricity usage. The Trust has a good grasp of normal usage as it keeps regular records of electricity consumption. Using energy-consuming equipment may cause charges for excess electricity usage. The cottage relies on electric storage heaters for heating. Two convector heaters are available for added warmth in the winter months, but please use them efficiently. Avoid bringing high-demand appliances to Brisons Veor.
- Our insurance does not cover the use of hazardous materials or appliances that may pose a fire risk, such as kilns or high-voltage power tools. To maintain safety, don't bring any items that could pose a threat or are not usable at Brisons Veor.
- In the event of a breakage or emergency at the cottage, such as plumbing or electrical issues, spills, or soiling of soft furnishings or bedding, please notify the caretaker and seek advice if needed. We might charge you for any damages to furniture, appliances, equipment, and bedding.
- **IMPORTANT: Do not dump chemicals down the sinks!** Brisons Veor has a septic tank. We urge you not to dump any chemicals (turps, white spirits, paints, dirty rags or tissue etc.) in the sinks or toilet, but to use the sand bucket in the small studio instead or take the studio waste with you when you leave. The same standards apply to the bathroom area; no cleaning of brushes and muddy boots in the bathroom sinks, please!  
Remember: the downstairs studio is for 'messy' work.
- On the day of your departure, kindly leave the cottage tidy, especially your work areas, and ensure that all furniture is back in its original position. Please be considerate and clean up responsibly, as other artists will be working in the same space.



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## STAYING AT BRISONS VEOR - PRACTICAL INFORMATION

### Local suppliers and services

#### Cafe (and internet access)

Cafe Dog&Rabbit, N Row (near Kurt Jacksons Foundation);  
The Old Haberdashy Cafe, Market Square;

#### Butchers

Vivian Olds, 2 Chapel Rd, St Just, Penzance TR19 7HS  
K & D McFadden, 11 Market Square, St Just, Penzance TR19 7HD

#### Co-Operative

Corner House, St Just, TR19 7HE, Open every day 7am - 10pm

#### Premier Stores

13 Market Square, St Just, TR19 7HE

#### Post Office and ATM

18 Bank Square, TR19 7HJ (in newsagent, opposite Clock Tower in St Just). Open every day.

#### Pharmacy

42 Fore Street, St Just TR19 7LJ

#### Doctors Surgery

Cape Cornwall Surgery, Market Street, St Just (behind the library)

#### Nearest A&E

West Cornwall Hospital, St Clare Street, Penzance, TR18 2PF Tel: 01736 874000;  
Signposted from A30 roundabout Penzance;

#### Library

Opposite the Bus Station in Market Street. Open Tuesday, Thursday, Saturday - see board for opening times.

#### Sennen Farmers Market

Thursday 9-12 noon, at the community centre behind the school





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## BECOME A FRIEND OF BRISONS VEOR

Brisons Veor is a residential creative studio in a very special location. It's the most westerly dwelling on the English mainland, at the tip of Cape Cornwall. Each year large numbers of artists: painters, sculptors, photographers, writers, poets, and composers enjoy residencies of up to four weeks in one of the most extraordinary places in the British Isles!

It is a wonderfully inspiring place for creative people to think, and to work on their projects, away from the day-to-day distractions of their home lives. Many of them come specifically to take inspiration from the rugged coastline, powerful tidal flow, the history of local mines, archaeological sites, and the wild landscapes. Have a look at the details of recent artists' projects on our 'Residents' web page [www.brisonsveor.org.uk](http://www.brisonsveor.org.uk)

### HOW YOU CAN HELP

Become a Friend of Brisons Veor for £20 per year (or £30 for a couple or family). This will help us to maintain affordable charges, and even provide bursaries for artists who need additional help.

You can download the form to join as a Friend of Brisons Veor by clicking the link on our website. Or to ask for a form, email [hello@brisonsveor.org.uk](mailto:hello@brisonsveor.org.uk)

The form includes the option to Gift Aid your donation, and the option to send a cheque or set up a Standing Order or make a one-off donation.

We do hope that you will become a Friend. You will be helping a large group of artists on limited means, to achieve their goals.

Thank you

The Trustees

## **BRISONS VEOR CHARITABLE TRUST**

### **EQUALITY AND DIVERSITY STATEMENT**

Brisons Veor Charitable Trust is committed to treating all people equally and with respect irrespective of their age, disability, gender reassignment, marriage or civil partnership, pregnancy or maternity, race, religion or belief, sex, or sexual orientation.

We aim to create a safe and welcoming atmosphere for everyone. We want to challenge all forms of oppression including those based on age, disability, gender reassignment, marriage & civil partnerships, pregnancy & maternity, race, religion or belief, sex and sexual orientation.

We aim to design our services, activities, and decision-making processes specifically to encourage and support participation from people who face disadvantage in society, including women, BME people, disabled people, LGBTQ+ people, and people on low incomes.

We are actively seeking to improve access to our facility for people with physical impairments (e.g. wheelchair users, deaf people) whilst recognising the current difficulties that this presents in our facility. If you require confidential discussions with our Administrator regarding the suitability or viability of accommodation at Brisons Veor, please contact them directly.

If any applicant or resident feels they have been discriminated against by the Trust team they should raise it with the Chair of Trustees. It will be thoroughly investigated, listening to all involved. (If the complaint is against a Trustee, that person will not be a part of, or a party to the investigation). If the complaint is against a particular individual, this person will have the opportunity to express their point of view, accompanied by a friend. The person making the complaint will also have this opportunity. If the complaint is against the Trust as a whole, it will work to ensure that such discrimination is not repeated in the future, and must inform complainants of how they propose to do this.

This policy will be reviewed every 5 years

Signed:

Date: 9th August 2023



David Manley, Chair Of Trustees

## HEALTH AND SAFETY

### General statement of policy

The policy of Brisons Veor Charitable Trust is to provide and maintain safe and healthy working conditions, equipment and work methods for all employees and contractors and users of the building. In particular we seek to ensure that the premises is both accessible and safe for disabled people within the physical constraints currently pertaining. We shall provide all necessary information and training to staff and contractors to maintain a programme to foster the awareness of health, safety and welfare issues. The allocation of duties for safety matters and the specific arrangements to implement this policy are set out below. This policy and the way in which it operates will be reviewed annually by the Trust Administrator/House Manager and the Trustees.

This policy was adopted in August 2023.

**Signed:**



**Date:** 9th August 2023

**Chair of Brisons Veor Charitable Trust (the employer/contractor/renter)**

### Safety Procedures

#### General

These procedures should be followed by residents/staff/contractors at all times in order to ensure safe work methods and use of equipment and to maintain safe and healthy working conditions for all users of the premises. These procedures will be reviewed annually by the Trust Administrator/House Manager and ratified by the Trustees. These procedures were reviewed and implemented in September 2023.

#### 1. Fire

Raise the alarm - and warn anyone visiting the premises. In particular, ensure that disabled people are able to leave the building safely. Call the Fire Brigade – even if the alarm has been raised by someone, do not assume they have made the call. Exact location is: Brisons Veor, Cape Cornwall. Ensure the Fire Brigade is fully aware of any building works/road works/hazards which affect access Brisons. If the fire is in its very early stages, try to put it out using the fire extinguisher or blanket in the kitchen if you can do so without personal risk.. If you are in any doubt, do not tackle the fire however small. In good time before a fire spreads clear the building and direct anyone present to the path beyond Brisons Veor (next door). Try to clear any vehicles in the vicinity which may block access for the fire brigade, ensure the gate to the Cape is opened and ensure that everyone keeps to the pathway. Ensure that nobody goes back into the building until the fire brigade pass it as safe.

#### 2. Electricity

The main switches are over the door in the Hallway. This cupboard should be secured with the bolt and unobstructed to allow immediate access. The box is marked (the long grey box). The circuit is on a trip switch (Residual Circuit Breaker). All equipment must be unplugged before cleaning or adjusting. It is not sufficient to turn off the power switch of the piece of equipment as some will be on stand-by and still live. Unplug by pulling out the plug itself (not by pulling the cable). Plugs and cables must be inspected regularly for loose connections or faults. Check plugs and cables immediately after moving equipment in case of damage during movement. When carrying out visual inspections, look for the following signs of damage: Cuts or abrasion (apart from light scuffing) to the cable covering. Damage to the plug such as cracked casing or bent pins Non-standard joints, including taped joints in the cable. The outer covering (sheath) of the cable not being gripped where it enters the plug or equipment. Refer to HSE Guide - Maintaining Portable Electrical Equipment In Offices and Other Low Risk Environments

### **3. Equipment & machinery**

Residents, contractors and others must ensure safe working practices with regard to equipment and machinery on the premises. Particularly check and follow electrical safety and use a power-breaker if possible. If using hand tools ensure that blades are correctly inserted and firmly secured and that any guard is in place. Ensure that material to be cut is on a firm surface and can be held firm. Make sure the area is free from obstacles and other people. Guide blade carefully when cutting and cut away from the body.

Refer to COSHH risk assessments.

### **4. Computers**

Residents should have a short break from their machine every 2 hours and not use the computer for longer than 6 hours in any one day.

Users should be able to adjust the chair to sit properly.

Refer to UNISON Eye Tests and VDU's HSE Working with Display Screen Equipment

### **5. Substances hazardous to health**

Art materials should be securely stored when not in use. All substances must be used according to the manufacturers' directions. Disposal: All liquid substances should not be disposed of via the drains. Residents should aim to keep all used liquid paints for safe disposal away from the site. Care should be taken when decanting liquids into smaller containers and any spillages cleared up immediately. Rags used to wipe up spillages should be disposed in a plastic sack. General precautions such as no eating or drinking while using hazardous substances should be observed.

Refer to COSHH regs for full details of usage, components, hazards and First Aid measures.

### **6. Manual Handling**

Many workplace injuries result from manual handling, most involving the back. Many workers do not recover fully from their injury. Whilst working at Brisons (and elsewhere!) if activity requires constant repetitive lifting, care and attention should be given to the manner in which this is carried out. Ideally do not lift or carry a load unless it is absolutely necessary. Consideration should be given to the variation in the loads different individuals are able to lift. The recommended safe load, if it is essential to lift manually, is 24lb/11kg for women and 35lb/16kg for men.

UNISON guide to Manual Handling: [www.unison.org.uk/get-help/knowledge/health-and-safety/manual-handling](http://www.unison.org.uk/get-help/knowledge/health-and-safety/manual-handling) HSE Getting to Grips with Manual Handling

### **7. General**

You should ensure that the temperature at which you work is at least 60.8 degrees F (16C) after one hour. The temperature should not be uncomfortably hot and that there is good ventilation especially in high humidity. Residents should take regular breaks and smoking is banned in the building. Knives, scissors, scalpels and carpentry & other tools should be stored carefully and tidily. Residents are advised to keep the front door locked.

### **8. Personal Safety**

Brisons Veor takes the issue of resident and staff safety very seriously and since inception there have been no single serious incident affecting the personal safety of residents. Residents are, of course, naturally often alone in the building. Wherever possible it is advised that residents keep a mobile with them at all times and check in regularly with partners or friends on a regular basis. Coast Watchers arrive by vehicle around 7.30 am and leave around 4pm daily. If concerned at unusual activity around the location outside these times you should contact the House Manager.